

'I'm proud of what I've achieved, especially knowing I competed clean.'

Nikki Hamblin,

NZ Olympic runner



**Be proud
to compete
clean**

Clean athletes:

- contribute to a level playing field
- know their results are based on hard-work and determination
- value the spirit of sport
- comply with the anti-doping rules

Visit **drugfreesport.org.nz** to learn more about supporting clean sport.

 **drug free sport**
new zealand