

‘Before you are prescribed a medication, tell your doctor you’re an athlete who could be tested anytime. Before use, check your medication with DFSNZ.’

Dan Buckingham,

NZ Paralympic Gold Medallist,
wheel chair rugby



**Have you
checked
your
medications?**

Some medications are prohibited in sport. If you’re an athlete and you need to take a medication, it’s important you check whether it is permitted in sport.

Visit **drugfreesport.org.nz** to check your medications.

 **drug free sport**
new zealand