

Educator Bio – Nikki Hamblin

Tell us about your sports background/history

800m, 1500m, 5000m runner for New Zealand. Double silver medallist at the 2010 Commonwealth Games and competed at the 2014 Commonwealth Games and 2016 Olympics.

What's your favourite sporting memory or proudest moment?

Coming into the home straight in 7th place in the 800m final at the 2010 Commonwealth Games and running all the way through the line to pick up a silver medal.

What was your worst moment in sports?

Missing the 2012 Olympic Games due to an Achilles injury.

Are there any stories about drugs in sport that have affected you or gave you an interest in this role with DFSNZ?

Coming to the *twilight* of my career and realising I will never know how good I actually am. Every athlete should be able to stand on the start line and be confident they're starting on a level playing field.

Being an educator is a contract role, what's else do you do outside of this role or things which you are focusing on/interested in?

Being a Mum to a 1 year old!

What do you hope to bring to the role of Educator?

Experience, some good stories and respect for the athletes taking part in the workshop.

When working with youth, what values do you hope to instil in the kids?

Do it well and do it right. Make good decisions you can be proud of.

When working with more elite level athletes, what key messages do you think are important for them to take away/be inspired by?

Look after yourself, look after your sport and look after New Zealand's clean reputation.