

## **Educator Bio – Ged Robinson**

### **Tell us about your sports background/history**

Played rep cricket up to u19's provincial age grade after this rugby became my focus and played Super Rugby for 4 different Super teams from 2009-2016.

### **What's your favourite sporting memory or proudest moment?**

Favourite memory was playing British and Irish Lions for the Melbourne Rebels in 2013. Proudest moment was debuting for the Hurricanes in 2009.

### **What was your worst moment in sports?**

Losing our last 1st XV traditional for St Pats Town against St Pats Silverstream, if we won we would have completed a grand slam which had only been done 3 times in 115 years.

### **Are there any stories about drugs in sport that have affected you (e.g. Lance Armstrong, Marion Jones etc), or gave you an interest in this role with DFSNZ?**

For me seeing guys worried when they undertake drug testing that they may have accidentally taken something because of either not knowing or not checking the ingredients in medications or supplements. I'm keen to help educate future athletes so they are aware and able to make good decisions.

### **Being an educator is a contract role, what's else do you do outside of this role or things which you are focusing on/interested in?**

I help coach at Rolleston rugby club, work part time at a gym (Koha Fitness) and stay at home Dad 2 days a week.

### **What do you hope to bring to the role of Educator?**

Real life knowledge from being an athlete and the situations that occurs around drug testing and education. I also love talking and presenting.

### **When working with youth, what values do you hope to instil in the teenagers?**

That their values and morals are with them for their whole life no matter what they do. Making choices that align to this is crucial to becoming the people they want to be known for.

### **When working with more elite level athletes, what key messages do you think are important for them to take away/be inspired by?**

That in every situation you take control of what supplements and medications go into your body. Regardless that there are experts involved in elite sport, it's really important that athletes ask questions and make decisions which will positively impact their career.