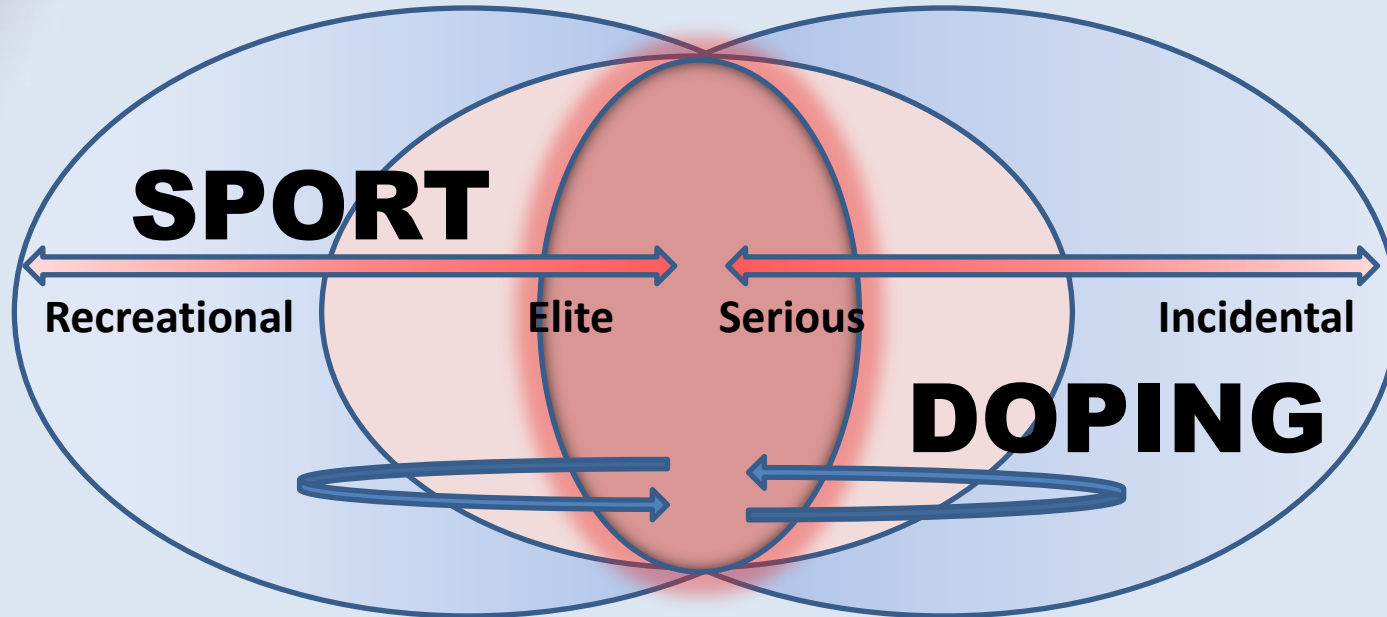


## Outcome: Sport is Doping Free



- Athletes are a variable coming into and out of our focus on a constant basis.
- Doping (as defined by the List) is also a variable.
- What is the real scope of our work and therefore what is it that we can really hope to impact on?

**Board of Drug Free Sport NZ**  
Appointed by Governor-General on advice of Minister for Sport and Recreation

As at 30 June 2014, the Board consisted of the following five members:

- Justice Warwick Gendall QC (Chair) - Wellington
- Stephen Cottrell - Auckland
- Dr Lesley Rumball - Christchurch
- Sarah Ulmer- Cambridge
- Mr Stewart Walsh - Auckland

**Chief Executive**

**Operations Manager**

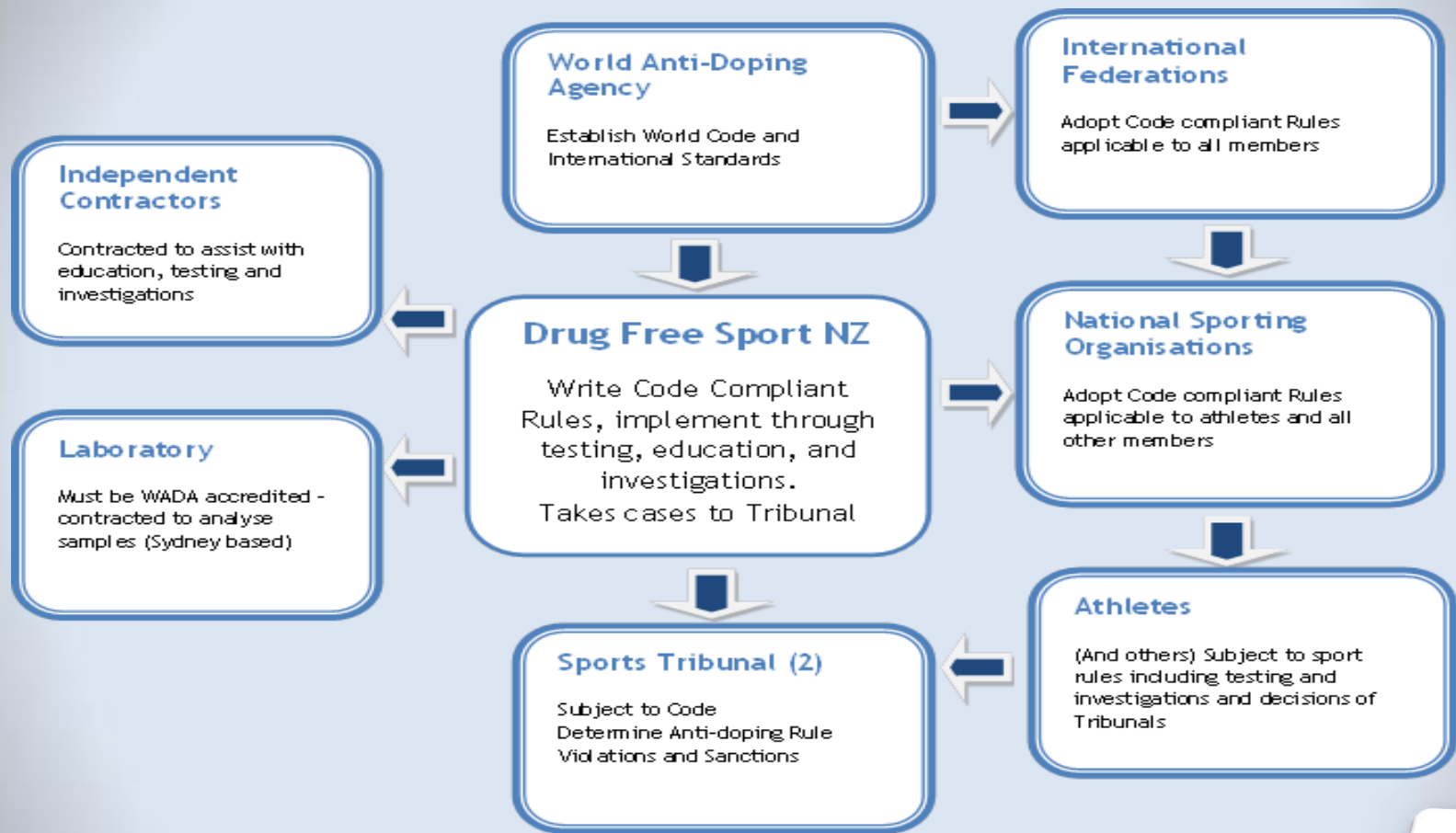
**Testing and Investigations**  
4 Staff

**Education**  
1.5 Staff

**Administration**  
.5 Staff

**Independent Contractors**  
Testing, Investigations, Education, Laboratory





# Test Planning

## RISK

- Physical demands
- Potential benefits
- Type of substance or method
- History of doping
- Doping trends
- Intelligence
- Sport season
- Stage of career

Test Distribution Plan:  
**WHO, WHEN &  
WHAT to test**

- Athlete Focussed
- Unpredictable
- No-Advance-Notice Testing

## PRIORITY

- Relative risk of doping between different sports
- Importance to NZ
- Performance level
- Performance history
- Whereabouts information
- Stage of career
- Recovering from injury
- Science
- Intelligence

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**Deterrence & Detection**

# DFSNZ Education Programme

To increase the level of understanding and support for clean sport amongst athletes, athlete support personnel (ASP), medical professionals and the wider sporting community.

## **Key education participants:**

- Athletes – Elite / “Pre-elite”
- ASP – including parents, coaches, managers etc.
- Medical professionals.

## **DFSNZ Education methods:**

- Face to face education seminars
- On-line seminars/modules and DFSNZ website
- Outreach programmes
- DFSNZ Resources.
- Research



# Resource Order Form



## 2014 Sports Anti-Doping Handbook

Comprehensive pocket size guide with Sports Anti-Doping information for athle support staff. PDF Version available by clicking title.



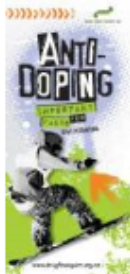
## 2014 Sports Anti-Doping Wallet Guide

Quick reference foldout cardboard guide s designed to be a quick refer use of some common medications in sport.



## Sports Anti-Doping ID Card

Wallet sized plastic card designed to be carried by athletes in their all medical professionals who treat them.



## Anti-Doping Facts for Kiwi Athletes

A simple, brief and easy overview and introduction to Anti-and/or high school and tertiary students. Overview only.



## Athletes Subject To Drug Testing in Sport - Poster

A poster for medical professional's offices and treatment rooms.



to place an order for resources. These will be dispatched to you by courier within 2 business days. To find the appropriate resources for you group click here.

<input type="text"/>	
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/ Boxes please)	
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- Handbook
- Wallet Guide
- Anti-Doping Facts for Kiwi Athletes (for Athletes)
- ID Card
- KeyTag
- Drug Testing Sport - Medical Professionals
- Athlete ID Card - A3 Poster (Athlete)
- Athlete ID Card - A3 Poster (Medical Professional)
- Information Pamphlet (Urine)



# DFSNZ Education Programme

**As DFSNZ does not have direct contact with all potential education attendees we require a specific contact within each NSO:**

- As a point of contact for arranging education opportunities. Including retrieval of specific information regarding athlete level and previous experience
- To develop a NSO specific annual education plan with DFSNZ support
- To indicate opportunities where DFSNZ outreach programmes may be possible
- To provide feedback to DFSNZ on education services.

## **To implement:**

Development and communication of annual education plan with DFSNZ

On-line seminar requests ([www.drugfreesport.org.nz](http://www.drugfreesport.org.nz))

On-line resource orders ([www.drugfreesport.org.nz](http://www.drugfreesport.org.nz))

DFSNZ education contact:

Sian Clancy - Education Manager

(09) 5820523

sian@drugfreesport.org.nz



# RESPONSIBILITIES

**DFSNZ - NSOs**



## RESPONSIBILITIES OF NSOs – Regulatory (summary only).

1. Adopt Rules in a manner which clearly satisfies your constitutional requirements – “Rules”/”Policy”. Provide notice to DFSNZ as to when and how that was done.
2. Ensure members are informed of; the Rules, the changes in 2015, and their associated responsibilities. (DFSNZ to supply sample draft for newsletters etc.)
3. Bind people who may not clearly be members into the Rules e.g.:
  - Athlete support personnel
  - People from associated sports/disciplines
  - Entrants in “open” events.
  - Those coming from competition outside the Code e.g. professional leagues.
4. Report all information which may indicate possible doping activity promptly to DFSNZ.
5. Require co-operation of “participants” in testing and investigations.



## RESPONSIBILITIES OF DFSNZ - Regulatory

1. Maintain the Sports Anti-Doping Rules so that they remain compliant with all “Code” requirements.
2. Advocate for Rules which best meet the needs of the New Zealand Sporting community.
3. Consult with NSOs around all key documents and notably on submissions to WADA re the Prohibited List and other Code related documents.
4. Provide general guidance to NSOs around compliance matters. Note that DFSNZ will not provide “legal advice” to NSOs.



## RESPONSIBILITIES OF NSOs – Testing & Investigations

1. Assign (and include in the job description) a staff member to be responsible for ensuring compliance with the Rules and for ongoing liaison with DFSNZ.
2. Include anti-doping responsibilities (as part of role description) for key support personnel e.g. coaches, managers and officials.
3. Provide information to DFSNZ about significant competitions and/or training camps, with as much notice as possible. Advise national team selections as appropriate.
4. Advise DFSNZ as soon as practicable, of any international events where the international federation may require (user pays) testing to be conducted.
5. Cooperate with requests from DFSNZ for information.
6. Support DFSNZ in the application of the Athletes' Whereabouts Programme and other matters requiring athlete cooperation.
7. Have protocols in place in the event of an alleged Anti-Doping Rule Violation.



## RESPONSIBILITIES OF DFSNZ – Testing & Investigations

1. Conduct a professional, Code compliant anti-doping programme which is at or near the benchmark of world best practice.
2. Conduct an anti-doping programme that recognises the demands placed on athletes and others and seeks to, where possible, minimise the impact of those demands.
3. Consult with NSOs over matters which impact on their athletes and/or their sport in general (while retaining autonomy over final decisions).
4. Provide guidance and best practice advice to NSOs, to assist their understanding of and compliance with anti-doping responsibilities.
5. Consider and investigate, as appropriate, all information it receives relating to potential doping activity.



## RESPONSIBILITIES OF NSOs - Education

1. Accept responsibility of ensuring that participants who are likely to encounter DFSNZ activities understand the requirements.
2. Inform all members of Rules and changes in 2015. Provide periodic reminders via website, newsletters etc.
3. Develop an annual education plan which will identify at least:
  - Opportunities to educate;
    - **Development /academy athletes – and their parents.**
    - **Elite athletes**
    - **National teams.**
  - Distribution of annual resources to those who need them both at the start of the year and as needed e.g. pre-event. (order additional as necessary)
  - Opportunities for “Outreach” at significant development and other events.
4. Generally take a proactive role in;
  - **informing membership on anti-doping matters**
  - **reinforcing the need to provide all information to DFSNZ**
  - **utilising publications and releases from DFSNZ.**



## RESPONSIBILITIES OF DFSNZ - Education

1. Generally - provide; accurate, targetted and timely information and resources via a variety of media.
2. Provide a website with dedicated NSO section which provides access to all relevant information.
3. Provide seminars to high priority groups to coincide (whenever possible) with key opportunities. Provide seminars to lower priority groups as resources allow.
4. Provide high quality on line learning opportunities for participants who can not attend seminars.
5. Provide an “Outreach” presence at priority events.
6. Provide information services which enable quick and accurate checking of medications and advice on supplements.

